

LUNCH

TUESDAY, APRIL 16, 2024

CHICKEN TACO CASSEROLE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
333	657mg	21g	18g	22g	64mg	0g

PORK LOIN W/APPLE CRANBERRY CHUTNEY



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
280	450mg	24g	14g	12g	69mg	0g

QUINOA TACO CASSEROLE



cashew



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
310	535mg	14g	9g	41g	0mg	5g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

TUESDAY, APRIL 16, 2024

CHICKEN PENNE RUSTICA



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
368	651mg	21g	21g	23g	58mg	1g

SALISBURY STEAK



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
375	750mg	25g	26g	10g	100mg	0g

POLENTA FLORENTINE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
230	614mg	9g	16g	12g	38mg	2g

POTATO VINDALOO



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
175	150mg	4g	3g	33g	0mg	4g



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contains egg



contains milk



vegetarian



vegan



contains pork



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contains shellfish



contains nuts



ask about allergen